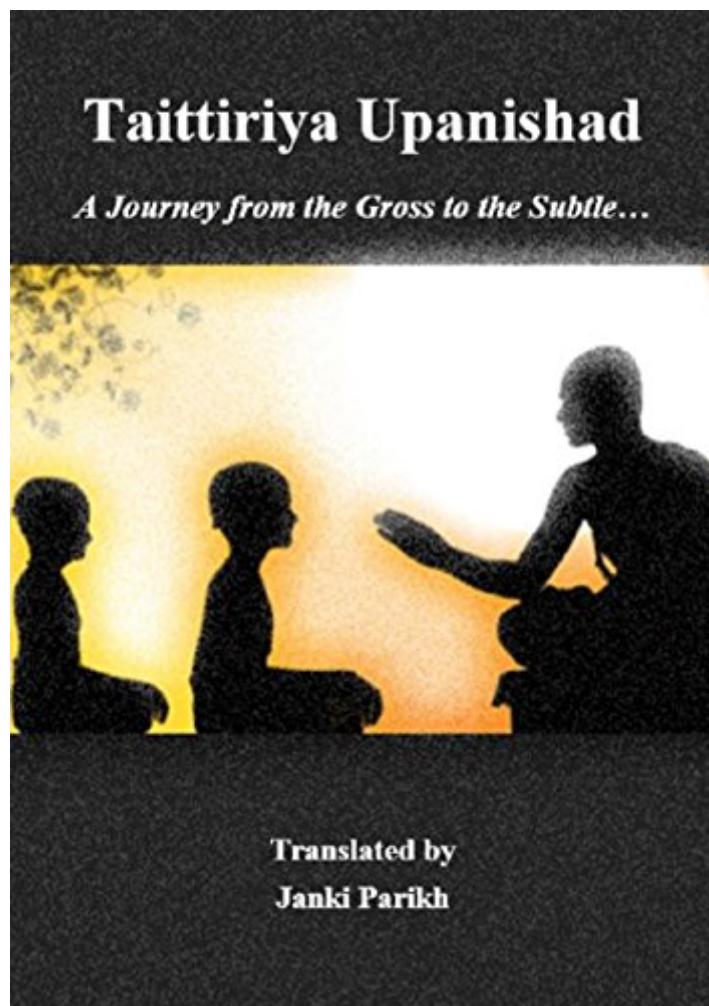


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# Taittiriya Upanishad: A Journey From The Gross To The Subtle



## Synopsis

The Upanishads are a collection of texts which contain the central philosophical concepts of Hinduism. They explore the concepts of Brahman (Ultimate Reality) and Atman (Soul, Self), which are the spiritual core of Hinduism. The Upanishads, along with the Gita and the Brahmasutras, are considered the principal source texts of Hinduism. And being such, an in-depth study of these texts gives the reader a deep, clear insight into the nature of Brahman and Atman, thus firmly sowing in the heart the seeds of self-discovery. Properly nurtured, these seeds eventually grow into the grand tree of self-knowledge, culminating in self-realization, which is the final goal of all human life, and the climax of man's evolution!

MATRU DEVO BHAVA (May your mother be a god for you!)PITRU DEVO BHAVA (May your father be a god for you!)ACHARYA DEVO BHAVA (May your teacher be a god for you!)ATITHI DEVO BHAVA (May your guest be a god for you!)These golden principles, deep Ācārā or "sanskaras" or social and cultural conditioning of Hindus, have always been cornerstones of the Hindu way of living. Treating elders and guests with utmost respect and hospitality are all integral to the Hindu culture. These principles are laid down in the Taittiriya Upanishad, which is 7th amongst the 10 Ācārā or "Mukhya" or Primary Upanishads. There are several unique, yet familiar lessons in the Taittiriya Upanishad, including the above principles of respect and hospitality. Continue your journey into the world of Upanishads with the Taittiriya Upanishad. This is a journey of self-realization from which there is no turning back!

## Book Information

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